

Urbanna UMC July/August News



I read a post that said “we cannot rest, because we view resting as unproductive. However, the biblical text and the model Jesus patterned for us REST is not unproductive it is the fuel of production. From early on we are taught to create agendas, have schedule we have heard idol hands are the devil’s handy work! We are pressed to produce to be busy. Jesus took time to leave and seek God. He sent crowds away, left disciples to pray and didn’t make excuses for his personal self-care. In the Hebrew Bible the 7th day and the 7th month and the 7th year had built in rest. Rest for not just the body and soul but rest for the land, rest for the nation rest for the world. Rest to reconnect, replenish, refocus renew and reengage. It is the seventh month, and it is supposed to be a month of rest, a month to reconnect leaving those agendas and schedules behind to be present. Resting is not just for the weary soul rest is for the strong. Rest brings us to a place where we can seek what is most important to us. Rest brings clarity and peace as well as restoration. This month we are halfway through the summer have you rested, not vacation but rested. Resting can take many forms for me resting is being in the presence of family and friends. Evening dinner gathers and pop-up visits. is exactly the kind of rest Scripture points toward: communal, grounding, relational. Rest isn’t passive. It’s **active alignment**. When you rest, you’re choosing what deserves your energy. You’re deciding what gets your attention. You’re reclaiming your humanity from the grind.

Matthew 11:28-30, Jesus says, “Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light” (NIV)



Church Council met Monday, June 15. Official minutes will be available in the office after they are approved by the full Council next month. The following is a list of some of the important items discussed.

1) Trustees:

- a. Filters replaced in Sanctuary, hallways and Fellowship Hall
- b. New leak in Sanctuary seems to be controlled
- c. Downspouts need to be cleaned out
- d. Setting up HVAC maintenance schedule with contractor
- e. Shed will be cleaned out after meeting with those who have materials stored there
- f. An extra TV in the Parlor will be given to Horizons Day Care
- g. New kitchen flooring, removing of small kitchen sink and moving refrigerator from room across from office to the kitchen is still in the works
- h. Mouse problem surface again – We may be adding rodent control to our exterminator contract

2) Finance:

- a. Endowment obligations have been relooked at to determine what each must be used for, and which can be used for capital improvements

3) Treasurer:

- a. We will be receiving \$10,000 from a grant through the Conference to reimburse Fellowship Hall HVAC
- b. The Relief Fund was used to pay the electric bill for on needy person.

4) Pastor:

- a. We made 200 kits for Annual Conference
- b. There will be a Worship/Educational Workshop in September which Rev. Perez would like several from the Worship and or Music Committees to attend
- c. We have not heard back from the person who was working with Bill Sharp in platting the Bethel Cemetery
- d. There will be a church picnic July 26

The next Church council meeting will be held Monday, July 20 in the Parlor at 3:30 PM. All are welcome to attend. If you have a request to be placed on the agenda, please inform Myra by Wednesday, July 15.



6 Boyd Wiley

23 Kathy Rodgers

24 Cameron DeVries

29 Travis Faudree



9 Audrey "Chris" & Sam Fowle

18 John & Nancy Greenwood



6 Bridget Johnston

11 Chris Rodgers Fowle

18 Shirley Payne

20 Pam Jones

25 Sharon Winters

26 Barbara Johnson

28 Marsha Taylor



9 Kathy & Ray Rodgers III

17 Sandra & Thomas Walton Sr.

21 Helen & George DeVries



After church on Sunday, July 26th Urbanna United Methodist church is hosting lunch for Bible School attendees and parents/caregivers who would like to join the congregation for lunch following church service.

If someone in the congregation would like to contribute, the following items would be appreciated:

- paper products (cups, napkins, silverware)
 - ice
 - bottled water
- hamburger style buns (for bbq which is being provided)
 - fruit
 - baked beans
 - macaroni & cheese
 - vegetable plate

Dessert is not needed as the church is providing ice cream cups.

If you can contribute, please contact Cheryl Payne at (804)240-5973. Items could be brought to church on Sunday the 26th.